



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

REFERRAL STATISTICS

During 2012, Louisiana United Methodist Children and Family Services (LUMCFS) received a total of 393 referrals for placement in our residential programs across the state. Of these children referred for placement, 38 were referred by the Office of Juvenile Justice (OJJ), 286 were referred by the Department of Children and Family Services (DCFS), 48 were referred privately, 3 youth were referred by Department of Health and Hospitals (DHH) for the Mandeville campus, and 18 youth were referred by Police or Sheriff's Offices for the Ruston campus.

During 2012, LUMCFS served a total of 232 individual youth in our programs. 165 youth resided on our Ruston campus, 8 youth resided in our Transitional Living Apartments in Monroe, 34 resided on our Mandeville campus, and 33 resided on our Sulphur campus. The average length of stay was 155 days, determined by dividing the days of care provided by the number of individuals served.

RESIDENTIAL SERVICES

Our programs of residential care during 2012 included Alternate Care (AC), Emergency Shelter Care (ESC), Changing Attitudes & Behaviors (CAB) Program, Residential Care (RC), Child Specific/WINGS Residential (CS), and Transitional Living (TLP). These programs were licensed by the Department of Children and Family Services, Bureau of Licensing, as three distinct levels of care; CAB as *Residential Specialized*, WINGS Child Specific as *High Plus*, RC, ESC, and AC are all licensed as *High/Moderate*, and TLP is licensed as *Transitional Living/Supervised*.

The days of care provided by custody for the individual programs of care are provided in the chart below. The total potential days of care during the year were 39,614 days. Of these potential 39,614 days of residential care, we provided 35,840 actual days of care, operating at 87% of potential capacity. The 35,840 actual days of care provided in 2012 represents a decrease of 23% compared to the year 2011 when we provided 44,195 actual days of care.

Significant to note that in 2012 we were pursuing our Psychiatric Residential Treatment Facility (PRTF) licenses for our Sulphur and Ruston campuses. This move decreased the daily capacity in Ruston from 106 to 84 beds. Throughout 2012 our Ruston campus was decreasing the number of residents in order to be in compliance with the PRTF regulations. This was done prior to our licensing survey by the Department of Health and Hospitals (DHH) in order to receive our license. We received our PRTF license for our Sulphur campus on October 4th and on December 11th for our Ruston campus.

RESIDENTIAL STATISTICS RELATED TO DAYS OF CARE

DHH and PRTF services are not included in the following statistics.

Relationship of Actual Days of Care Provided to Potential Days and Actual Days in Previous Year

Actual Days 2011	Residential/Transitional Program (Level of Care)	Potential Days (Capacity)	Actual Days 2012	Percentage of Capacity
804	*Alternate Care (High)	636	172	27%
2,746	**Emergency Shelter Care (High)	2,070	2,721	131%
10,888	**Changing Attitudes & Behaviors (Specialized)	10,360	9,948	96%
17,217	**Residential Care (High)	12,360	9,655	78%
2,075	**Child Specific / WINGS (High Plus)	2,070	2,024	98%
1,694	Supervised Apartments (Transitional Living)	2,206	1,714	78%
6,492	Residential Care (High) MHCNO	6,624	6,618	99%
2,249	****Residential Care (High) MCHSWLA	3,288	2,988	90%
44,195	Totals by Custody	39,614	35,840	87%

*The Alternate Care Program closed June 30th.



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

** The Emergency Shelter Care, Changing Attitudes and Behaviors, Child Specific, and Residential Care Programs on the Ruston Campus ended services as of December 11th when PRTF services began.

*** Department of Health and Hospitals (DHH) is not a contractor of Residential Services. However, two beds were reserved for DHH on our MHCNO campus on an as needed basis. This was done in an effort to assist Southeast Louisiana State Hospital with the facilitation of a less restrictive placement option for a select few of their adolescent clients. Thus, the statistics pertaining to that section are indicative of the program being used only on an “as needed” basis. We no longer reserve beds for DHH anymore.

**** The Residential Care Program in Sulphur ended services as of October 4th when PRTF services began.

RESIDENTIAL STATISTICS RELATED TO GENDER, RACE, AND CUSTODY

Individuals by Race, Gender, and Custody

Custody	Black			White			Other			TOTAL		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
AC	15	10	5	3	3	0	0	0	0	18	13	5
OJJ	14	6	8	18	10	8	1	1	0	33	17	16
DCFS	95	48	47	79	45	34	3	2	1	177	95	82
PRI	0	0	0	1	1	0	0	0	0	1	1	0
DHH	2	2	0	1	1	0	0	0	0	3	3	0
TOTALS	126	66	60	102	60	42	4	3	1	232	129	103

Custody by Race

Race	AC	OJJ	DHH	DCFS	PRI
Black	83%	42%	67%	54%	0%
White	17%	56%	33%	45%	100%
Other	0%	2%	0%	1%	0%
TOTALS	100.00%	100.00%	100%	100.00%	100.00%

State by Race

Race	State (DHH, DCFS, OJJ)
Black	52%
White	46%
Other	2%
TOTALS	100.00%

Racial Distribution

Race	Percentiles
Black	54%
White	44%
Other	2%
TOTAL	100.00%



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

INDEPENDENT LIVING/TRANSITIONAL LIVING PROGRAM

During 2012, the Life Skills Training Center presented 308 structured classes and seminars to 14-21 year olds. This is a decrease of 6% from the 328 structured classes and seminars taught in 2011. A total of 435 individual youth received services from the Independent Living Program. This is a decrease of 4% from the 451 individual youth who received services from the Independent Living Program in 2011. These decreases are partially due to the closure of a couple of programs in the region which contributed to the reduction in the number of youth served and the number of groups held. Children in the care of our agency, in the care of other child care agencies and in foster care have attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our staff provides services to a catchment area which covers all of northeast Louisiana; from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Program receives a pre-test and post-test for independent living skills assessment. During 2012 the average score on pre-tests was 56% with the average on post-tests being 84% for a pre-test/post-test average percent of change of 28%.

The Transitional Living Program served 8 youth during 2012 compared to 13 in 2011. The 8 youth served were able to utilize their learned independent living skills within our program to maintain stability as evidenced by staying in school, maintaining a job, taking care of their apartment, and paying their bills.

FAMILY COUNSELING CENTER

During 2012, Family Counseling Center served a total of 7,323 individuals. This is an increase of 57% from the 4,671 individuals served during 2011. This number includes outpatient counseling, Crime Victim's Assistance program services, residential counseling services, community outreach education and prevention services, and professional evaluation and referral services.

Statistics of Services and Programs Offered During 2011

Programs	Families	Individuals
Outpatient Counseling Services	412	1030
Outpatient CVA Counseling Services	49	
CVA Counseling for MCH Youth		44
Community Education Trainings		599
Distribution of Marketing & Educational Materials		1800
Prevention Services through Publications: 2% of Circulation of Articles Published		3,500
Referrals to Community Services		350
TOTAL SERVED	461	7323

Subcategory Types of Services & Groups Offered by the Family Counseling Center during 2011

Services	Groups
Individual Therapy	Anger Management (Court-Ordered)
Marital Therapy	ADHD Community Training
Trauma Counseling	CVA Adult Survivor Group for LMCH Residential Youth
Crime Victims' Program	CVA Adult Survivor Group for Outpatients
Play Therapy	Filial Parenting for Parents of Traumatized Children (Family Counseling Center and Trinity Methodist Church)
Group Counseling	CHADD Parent to Parent for Parents of Children with ADHD
Collaborative Divorce	Grandparents Raising Grandchildren
Community and Professional Trainings	Trans-parenting for Divorced Parents
Collaboration with Community Agencies and Churches	Collaborations with LATECH and ULM



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

Family Counseling Center served individuals and families in 13 parishes and counties in Louisiana, Arkansas, and Mississippi. Approximately 2,472 outpatient counseling sessions were conducted in 2012. There was a 17% increase from 2011 in the number of families that received counseling services. Outpatient services included individual and family counseling, therapeutic groups, educational groups, community crisis intervention, community referrals, and professional training.

Our CVA program provided counseling services to 49 families in the community representing 86 family members or secondary victims. The United Way grant continues to help subsidize the sliding scale for individuals who are not able to pay the lowest amount on the scale. Over 50% of FCC clients utilize insurance.

In 2012 Family Counseling Center received 2 grants from United Way through Lincoln Health Foundation. One grant was for a part-time Community Mental Health Collaborator who was instrumental in creating partnerships with organizations including Boys and Girls Club, Lincoln Parish School Alternative program at Howard School, the Health Hut, Montessori School of Ruston and Trinity United Methodist Church. Our partnership with Montessori School involves FCC providing teacher and parent trainings. FCC collaborated with Trinity to offer a Community Parent Forum on Kids, Bullying and Technology. We offered Filial parenting groups, ADHD training and How to Recognize Child Abuse training in the community at various places including Life House, Trinity United Methodist Church, Union Christian Academy, Montessori School of Ruston, Lincoln Parish Library and Lincoln Parish Schools.

The second grant allowed FCC to offer counseling to the indigent in Lincoln Parish. FCC provided a counselor on-site at Boys and Girls Club two afternoons a week beginning in September. FCC utilized counseling interns from Louisiana Tech and University of Louisiana at Monroe and were able to provide them with 639 counseling hours and site supervision. We are pleased to be able to give back to the community through these partnerships.

We participated in a community trauma response at Farmerville High School. Our therapists presented at Rotary Club three times in 2012, at Louisiana Tech and other community groups and churches. Numerous articles were written about our services and mental health education.

We received a grant for 2013 from Lincoln Health Foundation which will allow FCC to continue providing services to the indigent in Lincoln Parish, to continue our partnerships and collaborative efforts with community agencies and churches, to develop new relationships, and to educate the community about mental health issues.

The Family Counseling Center continues to meet the needs of families in North Louisiana and to strengthen our specialties in children's services including play therapy, specialized parenting programs, trauma recovery which included use of Eye Movement Desensitization Reprocessing (EMDR), (TF-CBT) Trauma Focused Cognitive Behavioral Therapy and marriage issues including divorce recovery services for families and children.

HOWARD SCHOOL

Howard School provided educational services to 183 youth during the 2012 calendar year. Of these students, 152 were residents of LMCH and 31 were off-campus referrals from the Lincoln Parish School Board. Female students made up 103 of that number and male students made up 80. The average daily population of the Howard School and the John Allen Vocational Center was 105 students. Twelve high school students took state assessments. End of Course testing at the high school level was successful with 50% of the students who took tests passing to earn course credit. GEE testing was less successful with one student passing one section of the test. Junior high performance on state assessments saw significant gains in student achievement.

Howard School was rated an Academically Unacceptable School (AUS-3) school for 4 consecutive years of poor performance on state assessments. This rating does not accurately reflect teaching quality at the school. School performance is severely impacted by the high level of student transience. Approximately 81% of the students who began the school year at Howard School were not attending at the time of testing. This high turnover rate negatively impacts achievement; particularly when many of the students who enroll at Howard School throughout the year have been enrolled at 3 or more schools during the same school year. Howard School was recognized by the Louisiana Department of Education as a Top Gains school for its significant increase in student achievement. In 2011 67% of all students testing failed their respective tests. In 2012 62% made the minimal score to pass or higher.



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

The John Allen Vocational Center served 43 students. Off-campus students comprised 20 of that number. Eight students in the GED program earned a GED. Sixteen students tested; resulting in a 50% passage rate. The national average for GED attainment is that 65% of all test takers pass the test. One student at the John Allen Vocational Center earned NCCER accreditation which certifies they had acquired basic construction skills valued by contractors. One student earned a State of Louisiana Barber's License. No students earned welding helper certifications.

FAMILY PLUS PROGRAM

During the calendar year of 2012, the programs of the Family Plus department provided assistance to a total of 684 individuals and 243 families. Services we offered included such things as intensive in-home counseling, out-patient counseling, assessments, referrals, aftercare, seminars and workshops.

Our regional Family Plus offices provided services to 173 families and 420 individuals. Baton Rouge Family Plus served 28 families and 47 individuals. Monroe Family Plus served 41 families and 113 individuals. Family Plus of Natchitoches served 8 families and 20 individuals. In Pineville, Family Plus served 43 families and 131 individuals. In Shreveport, Family Plus served 53 families and 109 individuals.

The Multi Systemic Therapy (MST) in-home program in Shreveport, Monroe and Lake Charles areas served a total of 70 families, representing 264 individuals. This marks our sixth complete year of providing this service. During 2012, we were able to add a new MST Team in Lake Charles, which began offering MST in August. During 2012, our existing MST Teams in Monroe and Shreveport had 89% of MST cases successfully complete treatment. In 83% of those MST cases the youth was living at home and had no new arrests, and in 87% of those cases the youth was demonstrating success in an Educational/Vocational setting. Multi-Systemic Therapy continues to be partially funded by Medicaid in Louisiana.

During 2012, Family Plus continued to offer Active Parenting classes and/or the Strengthening Families Program in all locations. Also, Family Plus staff assisted several private families in placing youth into a residential treatment program on the Ruston campus. These private youth generally stay for a brief stabilization period. The Baton Rouge Family Plus office was closed in May of 2012, due to lower than expected activity. Elsewhere, the demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.

OUTDOOR WILDERNESS LEARNING (OWL) CENTER

The OWL was visited by approximately 10,000 individuals in 2012. We provided a variety of activities for LMCH youth, as well as served the community with our campus and programs.

The Henning Conference Center was visited by over 4,000 people last year. It was used for numerous LMCH functions, including LMCH Thanksgiving dinner and staff Christmas luncheon, summer program speakers, 4-H activities, and various trainings. It was also utilized by the community for events such as weddings, family reunions, workshops, summer camps, and church/ business retreats.

The Thomas Henning Family Lodge continues to be utilized by LMCH youth's family members and staff from satellite offices. Our youth enjoy being able to stay with their families and take part in family therapy. They also have the opportunity to strengthen family bonds by simply hanging out together in our wilderness setting. Guests have noted they particularly enjoyed the peaceful setting and the chance to "get away from it all."

With over 2,000 participants in 2012, the ropes course continues to be popular with groups of all ages and background. This year's outside groups included churches, athletic teams, school groups and business corporations. Many of these groups come back every year, and incorporate the ropes course into their events as an important teambuilding tool. Ropes activities focus on problem solving, leadership skills, effective communication, and trust. The staff and youth from LMCH have the opportunity to take part in teambuilding events throughout the year. This is a great way to build relationships between the youth and staff. These elements provide the chance to get out of their comfort zones and stretch and grow together.

Volunteers continue to be a major part of the OWL's success. We hosted groups all over Louisiana and from as far away as Minnesota. As always, they came with a wide range of talents, as well as the most important asset for an OWL volunteer: the willingness to work! OWL volunteers cleared trails, worked in the greenhouse, painted and cleaned buildings, helped set up our new outdoor classroom and worked on various construction projects. We also have a wonderful core group of volunteers who come on a regular basis to make salsa and jelly from several local



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2012

UMC churches. We very much appreciate Christ UMC from Shreveport, LA, Blackwater UMC from Baker, LA, and St. Andrews UMC from Baton Rouge, LA.

The Outdoor Wilderness Learning Center 4-H Club had another busy year. We had approximately 35 members who participated in various activities throughout the year. Most of the club members participated in regular weekly and monthly events. Many house groups also participated in special OWL Club activities throughout the year including a Mardi Gras mask and pumpkin decorating contests, Parish wide Pet Show, and Parish wide Talent show. The OWL 4-H club also helped decorate cakes that were used in the Fall Festival cake walk and stuffed many shoeboxes for Operation Christmas Child during the Holidays.

The equine program had nearly 1,200 visits in 2012. The horsemanship class continues to be the most popular program at the OWL for LMCH youth. Youth were taught to safely handle, care for, and ride horses. This year, each week had a theme, such as responsibility, setting goals, following directions, motivation, and respect. During each session youth completed an activity that was pertinent to the week's theme. These classes are a wonderful opportunity for our youth to practice communication, compassion and patience. Community groups, including the Lincoln Leadership class utilized the team building component of the equine program. OWL staff once again brought horses to Med Camps of Louisiana weekly during the summer camp months. Equine Assisted Psychotherapy (EAP) is a vital part of our equine program and was greatly utilized in 2012, proving therapy can be beneficial and fun for youth, therapists and staff alike! In EAP, participants learn about themselves and others by participating in activities with the horses, and then processing feelings, behaviors, and patterns. Non-verbal communication, assertiveness, problem-solving, responsibility, and confidence are several examples of the tools developed by EAP. Therapy groups last 8-10 weeks, and last year's topics included anger management, self-esteem, and peer interaction. The OWL equine program also provides opportunities for youth to participate in family therapy.

Summer program for our Ruston LMCH youth was a huge success, with youth participating in the high and low ropes course, maze activities, canoeing, swimming, mountain biking, horseback riding, and much more! Boys and girls used our facilities for summer camp activities for 4 weeks over the summer months. Special teaching sessions were available due to volunteer speakers from local Fire Department, Lincoln Parish Sheriff DARE officers, Sparta aquifer representatives, LA Military Museum, and local therapy dog recipient/owner. These activities offer a hands-on approach to learning for our youth while providing an entertaining setting.

The residents and staff of Methodist Children's Home of Greater New Orleans made their third visit to the OWL for a special camp session, staying at the bunkhouse for 4 fun filled days. Youth and staff enjoyed their time at the OWL and participated in horsemanship, horseback riding, mountain biking, ropes course, field games, fishing, campfire with s'mores, and many more fun activities! This camp is a yearly event that youth and staff alike seem to look forward to, and we are honored to share this experience with them.

This year featured several new events and lots of new faces. We hosted the first ever OWL Center Summer Camp for the community. This was a week long day camp for children ages 6-10. Local kids from 1st – 5th grade were able to learn and play in the great outdoors while participating in facilitated activities at our beautiful OWL Center. They enjoyed arts and crafts, field games, pond activities, ropes course, maze, and horseback riding. In addition to MCH summer program and day camp, the North Louisiana Rotary Club chose the OWL Center to host their annual RYLA Leadership camp for young leaders chosen from the top half of the state. Sixty teenagers and 20 RYLA camp counselors and staff filled up the bunkhouse and cabins for a week of fun, teambuilding, and personal growth. We look forward to hosting their camp in summer 2013.

Overall 2012 was a successful year for the OWL Center and look forward to making more memories in 2013!