



**LOUISIANA UNITED METHODIST CHILDREN & FAMILY SERVICES, INC.
STATISTICAL REPORT OF SERVICES FOR 2009**

REFERRAL STATISTICS

During 2009, Louisiana United Methodist Children & Family Services, Inc. (LUMCFS) received a total of 1187 referrals for placement in our residential programs. Of these children referred for placement, 410 were referred by the Office of Juvenile Justice, 525 were referred by the Office of Community Services for the Ruston campus and 101 were referred by the Office of Community Services for the Mandeville campus. 92 were referred privately. 58 youth were referred by police or sheriff's offices.

During 2009, LUMCFS served a total of 290 individual youth in our residential programs. 257 youth resided on our Ruston campus and 33 resided on our Mandeville campus. The average length of stay was 152.48 days, determined by dividing the days of care provided by the number of individuals served.

RESIDENTIAL SERVICES

Our programs of residential care during 2009 included Alternate Care (AC), Emergency Shelter Care (ESC), Changing Attitudes & Behaviors (CAB) Program, Residential Care (RC), Child Specific/WINGS Residential (CS), and Transitional Living (TL). These programs were licensed as four distinct levels of care; CAB is Residential Specialized, ESC and AC are licensed as High/Controlled, WINGS Child Specific is High Plus, RC is licensed as High/Moderate, and TL is licensed as Transitional Living/Supervised.

The days of care provided by custody for the individual programs of care are provided in the chart below. The total potential days of care during the year were 48,910. Of these potential 48,910 days of residential care, we provided 44,220 actual days of care, operating at 90.4% of potential capacity. The 44,220 actual days of care provided in 2009 represents an increase of 7.8% compared to the year 2008 when we provided 41,012 actual days of care.

| Programs (Level of Care) | Custody | | | | | Total Days by Program |
|--|--------------|--------------|---------------|------------|------------|--------------------------|
| | AC | OJJ | OCS | Private | DHH | |
| Alternate Care (Controlled/High) | 1,202 | 0 | 0 | 0 | 0 | 1,202 |
| Emergency Shelter Care (Controlled/High) | 0 | 465 | 2,170 | 19 | 0 | 2,654 |
| Changing Aggressive Behaviors (Specialized) | 0 | 0 | 10,802 | 0 | 0 | 10,802 |
| Residential Care (High) | 0 | 6,710 | 12,305 | 914 | 0 | 19,929 |
| Child Specific/WINGS (High Plus) | 0 | 0 | 2,111 | 0 | 0 | 2,111 |
| Supervised Apartments (Transitional Living) | 0 | 0 | 1,591 | 0 | 0 | 1,591 |
| Residential Care (High) - MHGNO | 0 | 0 | 5,819 | 0 | 112 | 5,931 |
| Total by Custody | 1,202 | 7,175 | 34,798 | 933 | 112 | 44,220 |

Relationship of Actual Days of Care Provided to Potential Days and Actual Days in Previous Year

| Actual Days 2008 | Residential/Transitional Program (Level of Care) | Potential Days (Capacity) | Actual Days 2009 | Percentage of Capacity | Percentage Over 2008 |
|---------------------|---|------------------------------|---------------------|---------------------------|-------------------------|
| 1,057 | Alternate Care (Controlled) | 1,460 | 1,202 | 82.30% | 13.70% |
| 2,793 | Emergency Shelter Care (Controlled) | 2,920 | 2,654 | 91.00% | -4.90% |
| 10,878 | Changing Aggressive Behaviors (Specialized) | 10,950 | 10,802 | 98.60% | -0.70% |
| 19,166 | Residential Care (High) | 21,170 | 19,929 | 94.10% | 3.98% |
| 2,061 | Child Specific / WINGS (High Plus) | 2,190 | 2,111 | 96.40% | 2.42% |
| 1,805 | Supervised Apartments (Transitional Living) | 2,190 | 1,591 | 72.60% | -11.85% |
| 3,252 | Residential Care (High) MHGNO | 7,300 | 5,819 | 79.70% | 78.90% |
| 0 | Residential Care (High/DHH) MHGNO | 730 | 112 | 15.30% | NA |
| 41,012 | Totals by Custody | 48,910 | 44,220 | 90.40% | 7.80% |



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Days of Residential Care Provided by Contract/Bed Distribution

| Residential Services Contracts | Contractual Days of Care | Actual Days of Care | Number Over Contract | Percentage of Contracted Capacity | Percentage Over Contract |
|---|---------------------------------|----------------------------|-----------------------------|--|---------------------------------|
| OCS - Emergency Shelter Care | 2,190 | 2,170 | -20 | 99.10% | -0.91% |
| AC - Emergency Shelter Care | 1,460 | 1,202 | -258 | 82.30% | -17.67% |
| OCS - Changing Aggressive Behaviors | 10,950 | 10,802 | -148 | 98.60% | -1.35% |
| OCS - Child Specific | 2,190 | 2,111 | -79 | 96.40% | -3.60% |
| OCS - Residential Care | 13,140 | 12,305 | -835 | 93.60% | -6.35% |
| OJJ - Residential/Emergency Shelter Care | 6,570 | 7,175 | 605 | 109.20% | 9.20% |
| PRI - Residential/Emergency Shelter Care | 1,460 | 933 | -527 | 63.90% | -36.10% |
| OCS - Supervised Apartments (Transitional Living) | 2,190 | 1,591 | -599 | 72.60% | -27.35% |
| DHH - Residential Care MHGNO | 730 | 112 | -618 | 15.34% | -84.70% |
| OCS - Residential Care MHGNO | 7,300 | 5,819 | -1481 | 79.70% | -20.28% |
| Total | 48,180 | 44,220 | -3,960 | 91.80% | -8.21% |

Statistics related to the custody, race and gender of our residents are provided below:

Individuals By Race, Gender And Custody

| Custody | Black | | | White | | | Hispanic | | | TOTAL | | |
|----------------|--------------|------------|-----------|--------------|-----------|-----------|-----------------|----------|----------|--------------|------------|------------|
| | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female |
| AC | 44 | 32 | 12 | 13 | 5 | 8 | 1 | 1 | 0 | 58 | 38 | 20 |
| OJJ | 36 | 20 | 16 | 21 | 9 | 12 | 1 | 1 | 0 | 58 | 30 | 28 |
| OCS | 94 | 57 | 37 | 76 | 33 | 43 | 5 | 2 | 3 | 175 | 92 | 83 |
| PRI | 0 | 0 | 0 | 5 | 3 | 2 | 0 | 0 | 0 | 5 | 3 | 2 |
| DHH | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 0 |
| TOTALS | 174 | 109 | 65 | 116 | 51 | 65 | 7 | 4 | 3 | 297 | 164 | 133 |

Custody by Race

| Race | AC | OJJ | DHH | OCS | PRI |
|---------------|----------------|----------------|----------------|----------------|----------------|
| Black | 75.86% | 62.07% | 0.00% | 53.71% | 0.00% |
| White | 22.42% | 36.21% | 100.00% | 43.43% | 100.00% |
| Hispanic | 1.72% | 1.72% | 0.00% | 2.86% | 0.00% |
| TOTALS | 100.00% | 100.00% | 100.00% | 100.00% | 100.00% |

Percent Private / State by Race

| Race | Private | State |
|---------------|----------------|----------------|
| Black | 0.00% | 59.60% |
| White | 100.00% | 38.00% |
| Hispanic | 0.00% | 2.40% |
| TOTALS | 100.00% | 100.00% |

Racial Distribution

| Race | Percentiles |
|--------------|--------------------|
| Black | 58.59% |
| White | 39.06% |
| Hispanic | 2.35% |
| TOTAL | 100.00% |



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ADMISSIONS, DISCHARGES, AND LENGTH OF STAY STATISTICS

Statistics related to the admission and discharge of youth from the different levels of care are presented in the chart below. For purposes of utilization review, these statistics also provide information regarding length of stay by custody and level of care for the reported year. It is important to note that the statistics are a representation of the reported year of 2009. Length of stay was determined by dividing the number of days of care provided by the number of clients served only for the year of 2009.

| Residential Program | Custody | Continued from 2008 | Admitted In 2009 | Discharged In 2009 | Continued to 2010 | Participants | Days Of Care | Average LOS (days) |
|---------------------|--------------|---------------------|------------------|--------------------|-------------------|--------------|---------------|--------------------|
| CAB | OCS | 30 | 25 | 26 | 29 | 55 | 10,802 | 196.40 |
| CS | OCS | 6 | 7 | 8 | 5 | 13 | 2,111 | 162.38 |
| AC | AC | 3 | 53 | 54 | 2 | 56 | 1,202 | 21.46 |
| SA/TL | OCS | 4 | 13 | 13 | 4 | 17 | 1,591 | 93.58 |
| ESC | OJJ | 2 | 10 | 12 | 0 | 12 | 465 | 38.75 |
| | OCS | 7 | 59 | 58 | 8 | 66 | 2,170 | 32.87 |
| | PRI | 0 | 1 | 1 | 0 | 1 | 19 | 19.00 |
| | TOTAL | 9 | 70 | 71 | 8 | 79 | 2,654 | 33.59 |
| RGC | OJJ | 17 | 21 | 21 | 17 | 38 | 6,710 | 176.57 |
| | OCS | 30 | 37 | 30 | 37 | 67 | 12,305 | 183.65 |
| | OCS (MHGNO) | 17 | 15 | 20 | 12 | 32 | 5,819 | 181.84 |
| | DHH (MHGNO) | 0 | 1 | 0 | 1 | 1 | 112 | 112.00 |
| | PRI | 4 | 2 | 5 | 1 | 6 | 914 | 152.33 |
| | TOTAL | 68 | 76 | 76 | 68 | 144 | 25,860 | 179.58 |
| GRAND TOTALS | | 120 | 244 | 248 | 116 | 364 | 44,220 | 121.48 |

RESIDENTIAL LENGTH OF STAY STATISTICS

Statistics related to the total length of stay for all discharged youth during 2009 is represented in the chart below. This statistic is calculated from day of admit to day of discharge.

Length of Stay (LOS)

Range of LOS for all discharges during the statistical report of service period of 2009:
Shortest LOS: **Day (1) AC & ESC** / Longest LOS: **Days (1,118) CAB**

Number of Discharges by Length of Stay during 2009

| Length of Stay (Days) | Custody | | | | | Length of Stay Totals & Percent |
|-----------------------------------|-----------|-----------|------------|----------|----------|---------------------------------|
| | AC | OJJ | OCS | DHH | Private | |
| 1 – 90 DAYS (1 – 3 MONTHS) | 54 | 12 | 46 | 0 | 1 | 113 / 56.50% |
| 91 – 180 DAYS (3 – 6 MONTHS) | 0 | 12 | 22 | 0 | 0 | 34 / 17.00% |
| 181 – 365 DAYS (6 – 12 MONTHS) | 0 | 8 | 19 | 0 | 0 | 27 / 13.50% |
| 366 – 546 (12 – 18 MONTHS) | 0 | 1 | 10 | 0 | 3 | 14 / 7.00% |
| 547 – 730 (18 – 24 MONTHS) | 0 | 0 | 5 | 0 | 1 | 6 / 3.00% |
| 731 – 1,096 (24 – 36 MONTHS) | 0 | 0 | 2 | 0 | 0 | 2 / 1.00% |
| 1,096 - (36 + MONTHS) | 0 | 0 | 4 | 0 | 0 | 4 / 2.00% |
| TOTAL NUMBER OF DISCHARGES | 54 | 33 | 108 | 0 | 5 | 200 / 100.00% |



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INDEPENDENT LIVING

During 2009, 451 structured classes and seminars were presented to 14-21 year olds. This is a decrease of 21% from the 572 structured classes and seminars taught in 2008. A total of 384 individual youth received services from the Independent Living Program. This is a decrease of 21% from the 487 individual youth who received services from the Independent Living Program in 2008. Children in the care of our agency, in the care of other child care agencies and in foster care have attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our staff provides services to a catchment area which covers all of northeast Louisiana; from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Program receives a pre-test and post-test for independent living skills assessment. During 2009 the average score on pre-tests was 53% with the average on post-tests being 88% for a pre-test/post-test average percent of change of 28%.

FAMILY COUNSELING CENTER

During 2009, Family Counseling Center served a total of 2,211 individuals. This number includes outpatient counseling, collaborative divorce services, Crime Victim's Assistance program services, residential counseling services, community outreach education and prevention services, and professional evaluation and referral services.

Statistics of Services and Programs Offered During 2009

| Programs | Families | Individuals |
|---|-----------------|--------------------|
| Outpatient Counseling Services | 228 | 387 |
| Outpatient CVA Counseling Services | 57 | 62 |
| Outpatient Therapeutic Groups | 105 | 105 |
| Collaborative Divorce | 2 | 6 |
| Residential CVA Counseling Services | 45 | 45 |
| Residential Family Counseling Services | 113 | 314 |
| Residential Groups | 42 | 42 |
| Community Education and Prevention Services | 0 | 1,250 |
| TOTAL SERVED | 592 | 2,211 |

Subcategory Types of Services & Groups Offered by the Family Counseling Center during 2009

| Services | Groups |
|--|--|
| Individual Therapy | Anger Management (Court-Ordered) |
| Marital Therapy | Conflict Resolution (Lincoln Parish Schools) |
| Trauma Counseling | CVA Adult Survivor Group for LMCH Residential Youth |
| Crime Victim's Program | CVA Adult Survivor Group for Outpatients |
| Play Therapy | Filial Parenting for Parents of Traumatized Children (Family Counseling Center and Trinity Methodist Church) |
| Group Counseling | CHADD Parent to Parent for Parents of Children with ADHD |
| Custody Evaluations | Grandparents Raising Grandchildren |
| Collaborative Divorce | Trans-parenting for Divorced Parents |
| Community and Professional Trainings | Filial Parenting for Grandparent raising Grandchildren |
| Collaboration with Community Agencies and Churches | |



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Outpatient clients represented Lincoln Parish, the 13 surrounding parishes and southern Arkansas. Approximately 2,000 counseling sessions were conducted with outpatient families. Residential services included counseling with residents of our Ruston campus and their families from across our state. Groups were provided to residents on a variety of needed topics such as Grief group and House groups. Crime Victim's Assistance Program provided counseling and advocacy services for both outpatient clients and residential clients identified as victims of crime. In addition, other groups were provided to residential youth upon request.

Family Counseling Center staff facilitated training for professionals and provided informative and preventative programs to the community at large.

HOWARD SCHOOL

During 2009, Howard Educational Center provided educational services to a total of 180 different youth. 179 of these youth were residents of Louisiana Methodist Children's Home. Howard Educational Center served 132 different youth in regular Residential classes, a decrease of 17.5% compared to the previous year. 44 youth participated in short-term educational services. 12 youth participated in the Howard School GED program and 5 of these graduated after earning their GED yielding an average of 41.7%. 53 youth participated in the Howard Educational Career Educational program and of these students 4 obtained their National Certification in Carpentry and Construction yielding an average of 7.5%.

FAMILY PLUS PROGRAM

During the calendar year of 2009, the programs of the Family Plus provided assistance to a total of 1,384 individuals and 657 families. Services offered included such things as: out-patient counseling, in-home counseling, assessments, referrals, aftercare, seminars and workshops.

Our regional Family Plus offices provided services to 574 families and 1,052 individuals. Baton Rouge Family Plus served 106 families and 198 individuals. Monroe Family Plus served 124 families and 94 individuals. In Pineville, Family Plus served 101 families and 250 individuals. Ruston Family Plus served 115 families and 281 individuals. In Shreveport, Family Plus served 128 families and 229 individuals.

The Multi Systemic Therapy (MST) in-home program in Monroe and Shreveport served a total of 84 families, representing 332 individuals. This marks the third year this service was provided. During 2009, 86% of the MST cases completed treatment, 95% of all cases show evidence of Improved Family Relations, and in 94% of all cases the youth demonstrated Success in Educational/Vocational Setting. Multi-Systemic Therapy is now funded by Medicaid in Louisiana; Family Plus has been able to accept a limited number of private paying, non-Medicaid families in our MST program.

During 2009 Family Plus continued to pursue grant funding in order to enhance and expand services. A Family Plus office was opened in Natchitoches during 2009 through a generous donation of \$15,000 that was made in order to increase services to the families in that area. While we have struggled to find the right employee for that position, Family Plus will continue to pursue expansion in Natchitoches and elsewhere.

During 2009, Family Plus offered Active Parenting classes and the Strengthening Families Program in all locations. Also, Family Plus staff assisted several private families in placing youth into the Residential Treatment Program on the Ruston campus. These private youth generally stay for a brief stabilization period. Family Plus continues to seek innovative programming, which can help families thrive.

The demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.



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OUTDOOR WILDERNESS LEARNING CENTER (O.W.L)

During the calendar year of 2009, the programs of the Outdoor Wilderness Learning Center (OWL) provided services and activities for a total of 10,376 individuals. This was an 3.68% increase over total usage during 2008.

The J.T. & Edith Henning Family lodge was used by 258 guests. These guests included our youth's family members and staff from satellite offices. Feedback from guests and staff has been overwhelmingly positive. Some of our youth have been able to stay in the family lodges with their families while visiting. This has been a great opportunity for them to increase family strengthening and to be able to participate in family therapy with clinical staff. We hope to continue to increase the utilization by families.

The J.T. & Edith Henning Conference center was utilized by over 4,345 guests and staff. It was used for various LUMCFS functions, trainings, summer programming, 4H activities and special events. Outside groups utilized the conference center for weddings, receptions, banquets, workshops, and retreats.

Ropes course participation reached an all time high this reporting year with over 2,069 participants. Total revenue received during 2009 was approximately \$23,500. Groups included local churches, schools, businesses, and college groups. Staff and youth participated in team-building events that were held throughout the year on a regular basis.

The OWL Center 4H Club continued to grow throughout 2009. With 55 youth enrolled, activity choices included; photography, health and fitness, community service, family consumer science, and wilderness /outdoor education. Youth from C.B. White (males) participated in a wildlife conservation project that consisted of them building and installing wood duck boxes along the arbor walk. Youth from CAB (females) participated in a service project that consisted of them volunteering time at the Ouachita Parish Animal Shelter. They were able to exercise and nurture dogs that were up for adoption. Our youth also had the opportunity to participate in parish-wide club meetings, contests, and socials.

A total of 836 volunteers visited the OWL from states as far as Texas, Georgia, Illinois, Kansas, Indiana, and Minnesota. They brought with them a wide range of talents and a willingness to work. Various projects included; making salsa, working in the greenhouse, working with the orchard, painting, clearing areas, repairing fence lines, and a few construction projects. Chamber of Commerce - Lincoln Leadership also volunteered their time and talents to help start construction on a new horse shelter.

The equine program has continues to experience growth and continues to be one of our most popular programs as it enters the fifth year of operation. Equine-assisted psychotherapy classes were held daily after school. Youth and staff have been able to enjoy equine activities such as riding, team-building, and horsemanship classes. In addition, outside groups utilized the equine facility as a component of team-building. The total utilization for the equine program during the year of 2009 was 1,382 units. Vaughan House riding group had the opportunity to participate in their first off campus trail riding at a local recreational center.

During 2009 the OWL Center has continued to participation in Ruston's Farmer's Market. The Farmer's Market was held on Saturdays during the months of May, June, and July. OWL staff sold salsa, blueberries, and jelly. Several LMCH youth were able to assist with this project.

During 2009 salsa sales increased to an all time high of \$79,800. Salsa was sold and shipped to individuals, businesses, and Methodist churches around the state of the Louisiana. This product helps to promote Louisiana United Methodist Children & Family Services, Inc. throughout the state.



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ADDITIONAL OUTDOOR WILDERNESS LEARNING CENTER STATISTICS

The following lists the utilization numbers per facility, project, program or activity in order of greatest use:

| | |
|--|--|
| Warren & Noella Frazier Pavilion/Sports Complex | 5,357 |
| J. T. & Edith Henning Conference Center | 4,345 |
| O.W.L. Challenge/Ropes Course | 2,069 |
| Lonnie Benjamine & Nellie Peters Kilpatrick Bunk House | 1,750 |
| Louise B. Faulk Maze | 1,399 |
| Charles T. Beaird Equine Center and Programs | 1,382 |
| 4-H Activities and Project | 1,008 |
| Fishing at O.W.L. Ponds | 966 |
| Volunteer Programs and Activities | 836 |
| Boating at O.W.L. Pond | 450 |
| Other Activities at O.W.L. Center | 388 |
| Biking on O.W.L. Trails | 303 |
| O.W.L. Weekend Activities | 266 |
| J. T. & Edith Henning Family Lodge | 258 |
| O.W.L. Hiking Trails | 135 |
| Karen A. Vining Arbor Walk | (count not available – open to public) |