



LOUISIANA UNITED METHODIST CHILDREN AND FAMILY SERVICES STATISTICAL REPORT OF SERVICES FOR 2013

RESIDENTIAL REFERRALS AND UTILIZATION

We receive referrals for care from families as well as Louisiana’s Department of Children and Family Services, and Office of Juvenile Justice. During 2013, LUMCFS provided care to 283 individual children and adolescent in our residential programs. 206 youth resided on our Ruston campus, 5 youth resided in our Transitional Living Apartments in Monroe, 34 resided on our Mandeville campus, and 38 resided on our Sulphur campus. The average lengths of stay in our residential programs were as follows: Ruston – 133 days; Transitional Living – 175 days; Mandeville – 136 days; and Sulphur – 208 days.

RESIDENTIAL SERVICES

In 2013 our Sulphur and Ruston campuses functioned as a PRTF for their first full year and the Mandeville campus received a PRTF license for 20 beds in October. Our entire organization navigated the transition from DCFS licensure to DHH licensure and continues to provide exceptional care for our children and families.

The total potential days of care during the year were 47,310 days. Of these potential 47,310 days of residential care, we provided 42,594 actual days of care, operating at 90% of potential capacity. The 2012 and 2013 statistics were not compared because of the extreme fluctuation of beds available in all of our programs along with other changes and preparation that took place during these two years.

RESIDENTIAL STATISTICS RELATED TO DAYS OF CARE

Relationship of Actual Days of Care Provided to Potential Days

Program of Care	Potential Days (Capacity)	Actual Days 2013	Percentage of Capacity
Residential Care (PRTF) LUMCFS	30,660	29,204	95%
*Supervised Apartments (Transitional Living)	1,322	872	66%
**Residential Care (NMGH/PRTF) MCHGNO	6,568	4610	70%
Residential Care (PRTF) MCHSWLA	8,760	7,908	90%
Totals	47,310	42,594	90%

*The Supervised Apartments (Transitional Living Program) ended services on August 31. (Explained later in the report)

**Mandeville ended the NMGH level of care on October 13 and began PRTF services on October 14, 2013. The transition period of becoming a PRTF caused the percentage of capacity to be low.



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RESIDENTIAL STATISTICS RELATED TO GENDER, RACE, AND CUSTODY

Individuals by Race, Gender, and Custody

Custody	Black			White			Other			TOTAL		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
OJJ	13	10	3	11	8	3	0	0	0	24	18	6
DCFS	104	50	54	75	47	28	4	2	2	183	99	84
PRI	32	16	16	40	21	19	3	1	2	75	38	37
DHH	0	0	0	1	1	0	0	0	0	1	1	0
TOTALS	149	76	73	127	77	50	7	3	4	283	156	127

Custody by Race

Race	OJJ	DCFS	PRI	DHH
Black	54%	57%	43%	0%
White	46%	41%	53%	100%
Other	0%	2%	4%	0%
TOTALS	100.00%	100%	100.00%	100.00%

Racial Distribution (state custody)

Race	State (DHH, DCFS, OJJ)
Black	57%
White	42%
Other	1%
TOTALS	100.00%

Racial Distribution (all custodies)

Race	Percentiles
Black	53%
White	45%
Other	2%
TOTAL	100.00%

Gender Distribution (state custody)

Gender	State (DHH, DCFS, OJJ)
Male	57%
Female	43%
TOTALS	100.00%

Gender Distribution (all custodies)

Gender	Percentiles
Male	55%
Female	45%
TOTAL	100.00%



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LIFE SKILLS TRAINING CENTER

Independent Living Skills Program (ILSP)

During 2013, the Independent Living Skills program presented 324 structured classes to 14-18 year olds throughout the northeast region of Louisiana. 112 participants were in DCFS custody and 158 were in OJJ custody. Children in the care of our agency, other child care agencies and in foster care attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our ILSP staff members provide these services to a catchment area which covers all of northeast Louisiana, from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Skills Program takes a pre-test and post-test for independent living skills assessment. During 2013 the average score on pre-tests was 60% with the average on post-tests being 81% for a pre-test/post-test average improvement of 35%.

Transitional Living Program

The Transitional Living Program, formerly a supervised apartment program, located in Monroe, LA, provided youth ages 16-21 with supervised housing in an apartment setting. The 5 youth served were in DCFS custody. Youth were provided guidance in learning the skills needed to help them transition into independent adulthood. Program requirements include that youth work at least part-time and attend educational including high school, GED classes, Vo-Technical Training, Junior college or college.

On August 31st we stopped providing living accommodations (apartments in Monroe, LA) within our Transitional Living Program. DCFS eliminated funding of the state's Young Adult Program (YAP) for 18-21 year old residents. We continue to hold our Child Placing License and DCFS and OJJ continue to refer young adults (specifically 18-21) to our Life Skills Training Center for non-residential services. We can provide case management services. DCFS now limits residential participation in the Transitional Living Program to children aged 16-17. We do not believe an apartment setting is appropriate for older children. Consequently, we are searching for opportunities to provide housing near our main campus in Ruston for youth ages 16-17.

EDUCATIONAL SERVICES

Lorraine Howard Educational Center (Howard School)

Howard School provided educational services to 228 youth during the 2013 calendar year. Of these students 193 were residents of LMCH and 35 were off-campus referrals from the Lincoln Parish School Board. Female students made up 122 of that number and male students made up 106. The average daily population of the Howard School and the John Allen Vocational Center was 105 students.

Twelve high school students took state assessments. End of course (EOC) testing at the high school level was successful with 80% of the students who took tests passing to earn course credit. Junior high performance on state assessments reflected the same level of performance from the previous school year. Approximately 61% of all tests taken received passing scores. Approximately 81% of the students who began the school year at Howard School were not attending at the time of testing. This high turnover rate negatively impacts achievement; particularly when many of the students who enroll at



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Howard School throughout the year have been enrolled at 3 or more schools during the same school year.

John Allen Career and Vocational Center (Allen Career Center)

The Allen Career Center served 84 students during 2013. 29 of these were non-resident students. Ten students in the adult education program earned a GED. Twelve students tested; resulting in an 83% passage rate. The national average for GED attainment is 65% of all test takers pass the test. One student earned a State of Louisiana Barber's License.

OUTDOOR WILDERNESS LEARNING CENTER (OWL Center)

The OWL Center was enjoyed by nearly 11,000 individuals in 2013. We provided a variety of activities for our residents, as well as the public.

The Henning Conference Center hosted by over 5,000 visitors last year. It was used for numerous LMCH functions, including staff Christmas luncheon, summer program activities, and various trainings. It was also utilized by the community for events such as weddings, family reunions, workshops, summer camps, and church/ business retreats.

The Thomas Henning Family Lodge continues to be utilized by LMCH residents' family members to encourage participation in treatment. Our residents enjoy being able to stay with their families and take part in family therapy. They also have the opportunity to strengthen family bonds by spending time together in our wilderness setting. Guests have noted they particularly enjoyed the peaceful setting and the chance to "get away from it all."

With nearly 2,000 participants in 2013, the ropes course continues to be popular with groups of all ages and background. This year's outside groups included churches, athletic teams, school groups and business corporations. Many of these groups come back every year, and incorporate the ropes course into their events as an important teambuilding tool. Ropes activities focus on problem solving, leadership skills, effective communication, and trust. The staff and youth from LMCH have the opportunity to take part in teambuilding events throughout the year. This is a great way to build relationships between the youth and staff. These elements provide the chance to get out of their comfort zones and stretch and grow together.

Volunteers continue to be a major part of the OWL's success. We hosted groups all over Louisiana and from as far away as Michigan. As always, they came with a wide range of talents, as well as the most important asset for an OWL volunteer: the willingness to work! OWL Center volunteers cleared trails, worked in the greenhouse, painted and cleaned buildings helped put up fence for our new covered riding arena and worked on various construction projects. We also have expanded our core group of volunteers who come on a regular basis to make salsa and jelly. We very much appreciate Blackwater UMC, St. Andrews UMC, FUMC Bossier, FUMC West Monroe, FUMC Baton Rouge, Antioch UMC, Trinity UMC, Noel UMC, Salem UMC, and FBC Ruston. These churches and several dedicated NOMAD groups logged nearly 1,500 volunteer hours helping us make salsa and jelly in 2013!

The OWL Center's Equine Program had over 1,300 visits in 2013. The horsemanship class continues to be the most popular program at the OWL for LMCH youth. Youth were taught to safely handle, care for, and ride horses. This year, each week had a theme, such as responsibility, setting goals, following



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directions, motivation, and respect. During each session, youth completed an activity that was pertinent to the week's theme. These classes are a wonderful opportunity for our youth to practice communication, compassion and patience. Community groups, including the Lincoln Leadership class utilized the team building component of the equine program. OWL staff once again brought horses to Med Camps of Louisiana weekly during the summer camp months.

Equine Assisted Psychotherapy is a vital part of our equine program and was greatly utilized in 2013, proving therapy can be beneficial and fun for youth, therapists and staff alike! In EAP, participants learn about themselves and others by participating in activities with the horses, and then processing feelings, behaviors, and patterns. Non-verbal communication, assertiveness, problem-solving, responsibility, and confidence are several examples of the tools developed by EAP. Therapy groups last 8-10 weeks, and last year's topics included anger management, self-esteem, and peer interaction. The OWL equine program also provides opportunities for youth to participate in family therapy.

We are also very excited to announce the completion of the Wild Horse Riding Arena. This covered arena will allow us to expand not only our hours of operation for existing services, but also the addition of new programs. OWL staff members are currently completing requirements to finalize their certification in PATH, which is the national certifying body for therapeutic riding. Professional Association of Therapeutic Horsemanship International (PATH Intl.) was formed in 1969 as the North American Riding for the Handicapped Association to promote equine-assisted activities and therapies (EAAT) for individuals with special needs. PATH members help children and adults with physical, mental and emotional challenges find strength and independence through the power of the horse each year. In addition to therapeutic riding, programs include services in human growth and development to serve wide-ranging audiences for such educational purposes as leadership training, team building and other human capacity enhancement skills for the workplace and for daily use.

Summer program for residents of Louisiana Methodist Children's Home also continued, with youth participating in the high and low ropes course, maze activities, canoeing, swimming, mountain biking, horseback riding, and much more. Boys and girls were able to utilize our facilities for summer camp activities over the summer months.

During the summer of 2013, the OWL Center hosted the programs of Camp Caney, a summer camp and retreat center located in Minden, LA, that was undergoing major renovations. During four weeks of the summer, youth from 1st–12th grade were able to learn and play in the great outdoors while participating in facilitated activities at our beautiful OWL Center. They enjoyed arts and crafts, field games, pond activities, and maze. In addition to LMCH summer program and Camp Caney, the North Louisiana Rotary Club chose the OWL Center to host their annual RYLA Leadership camp for young leaders chosen from the top half of the state. Seventy five teenagers and 20 RYLA camp counselors and staff filled up the bunkhouse and cabins for a week of fun, teambuilding, and personal growth. They participated in pond events, ropes course, maze and equine assisted learning activities. We look forward to hosting their camp next summer!

The OWL made an appearance in Sulphur, LA, this past November. Four horses, three staff, and one very excited therapy dog traveled to Methodist Children's Home of Southwest Louisiana to deliver a little bit of the wilderness to our residents. Youth and staff spent two days filled with horsemanship and riding activities, low ropes challenges, teambuilding games, and equine therapy events. Focus was on key areas of communication, trust, problem solving, and self-esteem. Everyone had a great time and



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OWL Center staff members were delighted to see all the youth participate and encourage one another. We built a bonfire one night and roasted hot dogs and marshmallows for dinner. Youth and staff enjoyed singing and stories and laughter. We hope to return soon in 2014.

Overall 2013 was a successful year for the OWL Center and we look forward to making more great memories in 2014!

THE FAMILY COUNSELING CENTER (FCC)

The table below details services provided to the community through The Family Counseling Center's out-patient counseling program. FCC served individuals and families in 13 parishes, Arkansas and Mississippi providing mental health counseling and educational services to over 8000 individuals.

2013 Family Counseling Center Statistics

Programs	# of Families	# of Individuals
Outpatient Counseling	450	1125
Health Hut	145	197
Boys and Girls Club of North Central Louisiana	87	87
Community Education		850
Training Events		3170
Distribution of marketing and educational materials		2500
Prevention Services through Publications: (2% of Circulation of Articles Published)		437
Referrals to Community Services	0	0
Total Served	682	8366

Total number of sessions: The Family Counseling Center provided 3,011 counseling sessions during 2013 with 301 sessions at Health Hut, 87 at The Boys and Girls Club of North Central Louisiana and the remaining 2,623 at The Family Counseling Center.



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Number of sessions at FCC related to funding: (Off-site sessions are not included in these percentages.)

Full Pay - 2%

Insurance - 42%

Employee - 1% Employee Discount

CVA - 12% (Crime Victims Assistance Grant)

Sliding Scale - 2% (\$55 and above)

United Way - 18%

Lincoln Health Foundation - 23%

Partnerships: In 2013 The Family Counseling Center partnered with The Boys and Girls Club of North Central Louisiana, The Health Hut, and Life Choices providing counseling, staff trainings and referrals. FCC also worked with numerous schools providing teacher and parent trainings. Included are Montessori School of Ruston, Cedar Creek and Lincoln Parish Schools. The Family Counseling Center continues to partner with the master's level counseling programs at Louisiana Tech and University of Louisiana at Monroe by providing internship sites at FCC and Boys and Girls Club. We collaborate with many community agencies including Trinity United Methodist Church, local law enforcement agencies, Lincoln Parish Library and Life House.

Educational Community Presentations and Events: Community training topics have included ADHD, *Parent-Child Relationship Training*, *Cyber Bullying* and the *Effects of Technology on the Sexual Health of our Youth*. These trainings events have been offered in collaboration with local community agencies and community partners. The Family Counseling Center hosted a team building event at the OWL Center for a group of 60 children from an area school.

The Family Counseling Center strives to meet the needs of families by strengthening our specialty areas in children's services, trauma recovery and marriage and family issues. Our Community Mental Health Collaborator plays a major role in community relationship building and assessing community mental health needs.

FAMILY PLUS & MST PROGRAMS

During the 2013 calendar year, the programs of the Family Plus department provided assistance to a total of 530 individuals and 173 families. Among the services we offered were intensive in-home counseling, out-patient counseling, assessments, referrals, seminars and workshops.

Our regional Family Plus offices provided services to 99 families and 234 individuals. Monroe Family Plus served 32 families and 59 individuals. Family Plus of Natchitoches served 4 families and 11 individuals. In Pineville, Family Plus served 11 families and 55 individuals. In Shreveport, Family Plus served 23 families and 59 individuals.

The Multisystemic Therapy (MST), an in-home, family preservation program we provide in the Shreveport, Monroe and Lake Charles areas served a total of 74 families, representing 296 individuals. This marks our seventh complete year of providing this service. During 2013 our MST Teams in Lake Charles, Monroe and Shreveport had 84% of MST cases successfully complete treatment. In 86% of



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those MST cases the youth was living at home; 89% had no new arrests. In 78% of those cases the youth was demonstrating success in an educational or vocational training setting.

During 2013, Family Plus continued to offer Active Parenting classes and/or the Strengthening Families Program in all locations. Also, Family Plus staff assisted several families in placing youth into our residential programs in Mandeville, Ruston and Sulphur. The demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.